RINGMER

CHURCH & VILLAGE NEWS

OCTOBER 2023

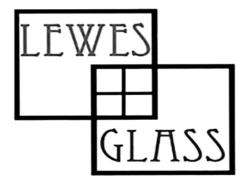
50p/£6



WHAT'S ON ~ CHURCH NEWS ~ FEATURES

Produced by St Mary's Church PCC

50p/£6 per annum



Local, friendly, family-run.

www.lewesglass.com

01273 475 123

lewesglass@gmail.com

Windows – doors – double glazing – conservatories – bespoke projects + more



CHURCH CONTACTS

VICAR: Revd. David Bouskill, 01273 813359, vicar@ringmerchurch.org.uk

ADMIN: Shirley Squires, <u>ad-sasquires@talktalk.net_01273</u>

752167/07552492354

AUTHORISED LAY MINISTERS: Marisa Hayes (Children and Families)

07796145464 and Sue Howes (Pastoral) 01273 812394

CHURCHWARDENS: Anne Franklin churchwarden@ringmerchurch.org.uk

or 01273 813189 and Andrew Edgar on 07846 781 752

FLOODLIGHTING: Shirley Squires 01273 752167 **CARING/SHARING:** David Lambird 01273 472324

ORGANIST: John Howes 01273 812394

CHOIR LEADER: Rosemary Colebourn 07552487694 TOWER CAPTAIN: Marisa Hayes, 07796145464,

marisa@happymouflon.com

TREASURER: Richard Vincent 01273 812791

treasurer@ringmerchurch.org.uk

MAGAZINE CONTENTS

COVER	Photography by Margaret Sweatman
P2	Letter from St Mary's + services
P3/6	What's On at St Mary's St Mary's Notices
P7	St Mary's Notices
P10	Ringmer Baptist Church
P11	What's On in Ringmer
P14	What's On in Ringmer
P15	Ringmer Village Library + Ringmer Hub
P18	Ringmer Parish Council + RAGE
P19	Ringmer Events + updates
P22	Eco Extravanganza
P23	Local councillor news + Wildflower Ringmer
P27	Link to Hope Shoebox Appeal 2023
P30/31	Contact numbers for local groups

Email <u>ringmerparishmag@gmail.com</u> with your news by midday on 20 October 2023 for the November issue.

LETTER FROM ST MARY'S

Dear Friends

In 1965 The Byrds sang: "To everything (turn, turn, turn)/ There is a season (turn, turn, turn)/ And a time to every purpose, under heaven." These lyrics were taken from a much older piece of writing, the Biblical book of Ecclesiastes, written around 12,000 years before The Byrds reached 26 in the UK charts with the words of truth.

As I sit writing this piece, the weather has turned and we are beginning the slow walk through Autumn and a season of remembering. Firstly we will remember the warmth of Summer and the breaks and holidays we've had as jumpers, coats and umbrellas make an appearance. In church, we will remember those whose funerals we have recently taken, and the loved ones who mourn, in our All Soul's service on Sunday 29 October at 4pm. As a village, and a nation, we will take part in the Act of Remembrance on 11 November and Remembrance Sunday. There will be another remembering of loved ones before we start the Christmas preparations with our annual Lights of Love service before we come to the festival of Christmas – when we remember the greatest gift ever given, the knowledge of God's love and the opportunity of a living relationship with Him.

It is always good, as we look to the future, to remember the past: where we have come from, what lessons we have learnt and the people who have shared our past. The next few months is a season of remembrance and giving thanks in that remembrance. So, as you wrap up warmer, kick the fallen leaves or dodge another downpour, take time to reflect on your past. Remember and give thanks for that memory and all those who have shared time with you.

With every blessing, Revd. David

OCTOBER CHURCH SERVICES

SUNDAY 1 OCTOBER (HARVEST FESTIVAL): 10am: 'First Sundays from 10'

6.30pm: Eucharist (Chancel)

SUNDAY 8 OCTOBER (TRINITY 18) 10am: Eucharist

SUNDAY 15 OCTOBER (TRINITY 19) 10am: Parade Service w/ Eucharist

6.30pm: Evensong (Chancel)

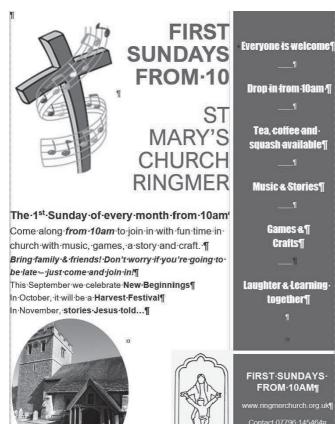
SUNDAY 22 OCTOBER (TRINITY 20) 10am: Eucharist
SUNDAY 29 OCTOBER (Last Sunday after Trinity) 10am: Eucharist

4pm: All Souls Service

There is also a Said Eucharist in the Lady Chapel every Thursday at 10am

WHAT'S ON AT ST MARY'S

For all church services for October, see p2 or ringmerchurch.org.uk/Information



FIRST SUNDAYS

FROM 10 - Drop in and join our activities in church on the First Sunday of each month: There will be music, activities, a story and craft followed by refreshments. It's church but slightly different, with plenty of moving around and discovery for all ages. We'd love to see you, but don't worry if you can't get there for 10am – just come when you can!

HOLY COMMUNION

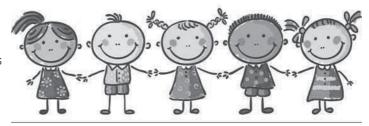
This will be said at all three of our Ringmer Care Homes during the month.

Days and times are as follows: Parris Lawn on 3 October at 11am, Holm Lodge on 26 October at 11.30am and Lime Tree House on 31 October at 11am.

ST MARY'S TODDLERS

Every Wednesday between 10.30am and 12pm in the Symons Hall at the Village Hall. Everyone with pre-school children are welcome to come along. Teas and coffees are available. There is no charge but donations for coffee are welcome.

We have a WhatsApp Group too for people to join contact Marisa Hayes for further details and to get involved on 07796 145464.







Our Services Include

- Fault finding and repair
- Full and partial rewires
- Fusebox upgrades
- · Household lighting
- Electrical Testing
- Sockets added or moved

Contact us now for a free estimate or free advice

"The service we received was nothing short of exceptional " Warren - Ringmer

A Reputation You Can Count On

- Over 80% of our work is from word-of-mouth recommendations.
- A Ringmer based, community led, approved contractor.
- We believe in giving back we run a highly successful apprenticeship scheme for local people and we sponsor local youth sport.

Email: info@synergyelectrical.com

Tel: 01273 741717

Web: www.synergyelectrical.com



Jason Eyre Decorating Painters & Decorators

07976 418299 jasoneyre2@gmail.com

07766 118289 www.jasoneyredecorating.com

RICHARD GREEN

INDEPENDENT, FAMILY OWNED AND RUN FUNERAL SERVICE & MEMORIAL MASON

Funerals arranged to your specific requirements Telephones answered personally 24 hours a day Flexible pre-paid Funeral Plans also available.

125 High Street, Uckfield TN22 1RN **01825 760601 (24hrs)** uckfield@rgreenfs.co.uk



170 High Street, Lewes BN7 1YE 01273 488121 (24hrs) lewes@rgreenfs.co.uk



Serving the community of Lewes, Ringmer and surrounding villages for over 12 years.

74 Springett Avenue, Ringmer, East Sussex, BN8 5QX Telephone 01273 813333

www.grace funeral directors.co.uk



№ Ecclesiastical

ST MARY'S | NOTICES

PRAYER TIME – Tuesday 10 October at 9am

You're welcome to join us at 1 9am on Tuesday 12 September to the Lady Chapel where prayers will be said for the world's needs and for our village and church. This is an informal time and prayers can be silent or said aloud.

At our 10am Sunday services each week we pray for the people living in a specific area of Ringmer. This month they are: 1 October The Forges, 8 October Wellingham, 15 October Potters Field, 22 October Danforth Way and Northill Close and 29 October The Orchards.

STUDY GROUPS

The last two weeks of our current study group are on 5 October (A biblical approach to economics) and 12 October (The Church's role as an agent of change). We have two sessions of the same content each day – one at 4pm and one at 7.30pm in the Church Room (please note that the 7.30pm one on 12 October will be in church itself).

PARADE SERVICE

On Sunday 15 October at 10am we have a Parade Service with Eucharist. We hope Brownies, Guides, Scouts, Cubs and Beavers will be joining us.



ALL SOULS' SERVICE

At 4pm on Sunday 29 October there is an All Souls' Service when we will remember loved ones who are no longer with us.

During the service there will be an opportunity to light a candle in remembrance. You are very welcome to come along.

FROM THE REGISTERS – SEPTEMBER 2023			
WEDDINGS	9 SEPT 16 SEPT	JONATHAN RAWLINS + MEGAN HESTER JACK MARTIN + PAIGE COLLARD	
SERVICE OF THANKSGIVING	22 SEPT	BETTY DRINKWATER	
INTERMENT	12 SEPT	JAN WOOLLONS	

ST MARY'S | NOTICES

FLOODLIGHTING - SEPTEMBER 2023

5 September Peter F King "Always in our hearts" 11 September Dennis Leister "My love always"

12 September Coral Harmer-Brown "Happy birthday memories"

21 September Malcolm Lyon "In loving memory"
22 September Kate Jones "In loving memory"
25 September Keith Hart "In loving memory"
27 September Albert & Grace "In loving memory"

Sheppard

20 October Stella Allen "Happy birthday memories"

If you would like to remember a loved one by having the St Mary's church floodlit on a specific evening, please contact Shirley Squires at \underline{sasxyz} @talktalk.net or on 01273 752167/07552492354 or at 26 Danforth Way). A donation of £10 is requested.

ECO CHURCH TIP - SAVING WATER

According to the Environment Agency, the South East is now officially a water stressed area, due to an increase in building and drier summers. An average household uses 349 litres a day, with 25% on showers and 22% on lavatories. Here's how to save water:



- Turning off the tap while brushing your teeth will save six litres a minute.
- Take four minute showers and switch to an efficient shower head.
- Wash full loads in your washing machine and use eco-mode at 30 degrees.
- Fill your dishwasher completely and you'll use less water than hand washing.
- 36 million tonnes of emissions could be cut by wasting less food.
- Installing water butts can save up to 5,000 litres of water a year.
- Only boil as much water in the kettle as you need.
- Make informed choices when replacing electrical appliances and lways choose A-rated for energy saving.



Rupert Thacker

Furniture repairs, polishing etc. including Antique , Reproduction and Contemporary furniture . Bespoke furniture.

The Old Barn Workshops, Flitteridge Farm. Fletching, nr Uckfield, East Sussex TN22 3TQ Tel: 01825 713111

> Mobile: 07950 035044 Email: sales@rupert-thacker.com

www.rupert-thacker.com

LEW HOWARD AND SON

66 Springett Avenue, Ringmer, E. Sussex Tel / Fax: 01273 812309

FAMILY BUTCHERS

ENGLISH & SCOTCH BEEF, FREE BANGE PORK. ENGLISH & NEW ZEALAND LAMB. FRESH CHICKENS

SPECIALITY SAUSAGES

OVER 40 VARIETIES



David Undrell Kitchens, Fitted **Furniture & Carpentry**



Kitchen Fitter & Supplier

Complete service from plumbing to plastering. Trade deals from companies such as Howdens. Excellent reputation. Free estimates & advice.

Also, all manner of carpentry including flooring, skirting, architraves, doors, fitted bedroom furniture etc. Tel: 01273 812036 Mobile: 07799 121242 davidundrell@vahoo.co.uk.

www.davidundrell.co.uk



GETTING TO GRIPS WITH TYRES YOU CAN AFFORD

OAK TREES, THE BROYLE RINGMER, E. SUSSEX BN8 6PH HALLAND (01825) 840657





Caburn Electrical

SERVICES L T

Email: hello@caburn-es.com • Website: www.caburn-es.com

Nick: 07578 277483 • Stuart: 07931 179457

Company No: 13801358 VAT No: 400544740



The Friends raise funds to support NHS services at Lewes Victoria Hospital helping to deliver excellent care in your local community.

We rely on your support to fund the exceptional care and treatment that the hospital is known for.

Pledge today and give something back to your local community.

Donate directly online through our website or our JustGiving and Virgin Money pages.

Leave a legacy in your will.

To donate or get involved visit our website at www.folvh.org

SUPPORT YOUR LOCAL HOSPITAL COMMUNITY

Experienced Home-Visiting Chiropodist/Podiatrist

State-Registered

HCPC registered

Fully Insured

25 years' experience (NHS and private care)



All foot problems treated

Contact Victoria on: 07930 276736





FREE NIC EIC Electrical Certificate with installation

GARDEN LIGHTING
Tel. 01273 499133



RINGMER BAPTIST CHURCH



Elder: Neil Thornicroft 01825 750283 / 07780 605930 /

thornicrofts@btinternet.com

Deacon: Malcolm Hart 07494 656725 / <u>mchart.uk@gmail.co.uk</u> **Deacon:** Ken Starnes 01273 471409 / <u>kstarnes@mistral.co.uk</u>

Deacon: Joy Thornicroft 07412 027274 / thornicrofts@btinternet.com

Treasurer: Ken Starnes (as above).

A warm welcome and a joyful time of fellowship awaits all who join us at our services to worship the Lord Jesus Christ and to hear what God is saying to us. We hold our Sunday Morning services in the Village Hall at 10.30am. We also stream these services via Zoom. If you would like to join any of our services by Zoom please contact Malcolm Hart for the code and password details. Evening Services are also in the Village Hall at 6pm.

Our Thursday Home Group meets in the Library resource at 7.30pm and our Tuesday Prayer Meeting is at 10.30am, also in the Library resource. Communion is usually every second Sunday morning and fourth Sunday evening. For further details please go to www.ringmerbaptist.uk

For pastoral or other needs please contact Neil Thornicroft and for details of our Programme and Speakers for October 2023, please refer to our website.

NOTICES FOR OCTOBER 2023

RINGMER FOOD BANK

Operated by Ringmer Baptist Church, the Food Bank is open from 11am to 12pm every Monday (other than Bank Holidays) based in the Ringmer Library. This service is available to individuals and families referred to us by local welfare organisations and churches for emergency aid. Donations of food and finance are welcomed and gratefully received. All food parcels will need to be collected. Further details are available from Neil Thornicroft or Malcolm Hart (details of both as above).

FAITH EXPLORED - Every Friday at 10am - 11am in the library

All welcome to learn amore about the Christian faith over a coffee. For details please call Neil Thornicroft

OCTOBER EVENING SERVICES

We're running a DVD teaching series by Andrew Ollerton on the Book of Romans.

FELLOWSHIP LUNCHES The next Fellowship Lunch is on 8 October at 12.30pm, following the Harvest Service. At 1.30pm, Joy Thornicroft will give a presentation on her forthcoming visit to Brighter Futures' Orphanage and Children Centres in India.

WHAT'S ON IN RINGMER



RINGMER FLOWER CLUB

Flower club gatherings are held on the first Wednesday every month with demonstrations at 2pm in the Village Hall. All visitors are welcome and the entrance fee is £8, which includes refreshments.

On Wednesday 4 October, everyone is welcome to our meeting. See poster for full details.

RINGMER BARN DANCING SOCIETY

Ringmer Barn Dancing Society's next dance date is Wednesday 22 October in the Village Hall.

The dancing starts at 8pm until 10pm and it's £5 entrance (cash only please). Be sure to wear comfortable shoes and bring

your own liquid refreshment. No partner needed, we're a friendly bunch.

LEWES SOCIAL GROUP OF EAST SUSSEX VISION SUPPORT

This volunteer run social group meets one Monday afternoon each month, usually in Ringmer Village Hall. The group provides a vital social opportunity including entertainment and refreshments for blind and partially-sighted members of East Sussex Vision Support. The group looking for committed volunteers to enhance the service provided to members. Can you help in any of the following ways?

- Driving members to and from Ringmer Village Hall or to venues for our two or three summer outings and Christmas meal.
- Preparing and serving refreshments.
- Helping members to fully interact with activities and entertainment.
- interacting with members and providing general support and assistance.

Please call Gill Salisbury on 01273 812145 for more information.



Locked Out? Faulty Locks? Call Altkey Locksmiths

- · Lock Opening & Fitting
- Upvc Door & Window Repair
- Independent Locksmiths
- Free Surveys

- Fully Insured
- Domestic & Commercial
- 24Hr Emergency Repairs
- No Call-Out Charge

Modern Services, Traditional Values 01435 812730 / 07557 476699

Email: Steve@altkeylocksmiths.co.uk Website: www.altkeylocksmiths.co.uk





07762 924668

emma-goldsmith@hotmail.com

LEWES &

RINGMER REMOVALS

Local Removals House Clearance Services

- House, Loft, Garage, Shed, Outdoors. E A licensed

07906 058048

lewes.removals@gmail.com

Packaging supplies Packing Services



Delphi Flowers

07872 823731



Ringmer home based florist
MAKING YOUR NEXT FLORAL OCCASION
MEMORABLE

www.delphiflowers.co.uk

FUNERAL TRIBUTES * BOUQUETS * FLORAL HUGS WEDDINGS * EVENT FLOWERS * WORKSHOPS





01435 810061

Pop in for advice & a quotation, or call Simon or Adi on

email cmscoachworks@gmail.com www.cmscoachworks.co.uk | Jnit 7 Parkside Workshoos. Parkside Farm. Shortgate Lane. Lauchtro

PLEASE NOTE OUR NEW ADDRESS

WHAT'S ON IN RINGMER

Mothers' N

The speaker at the September meeting was Claire Bell, Chair of Trustees of the charity 'Open Door', which helps

vulnerable and homeless people in and around Lewes. Claire talked about the problems faced in such an affluent area as Lewes where housing is very expensive to rent. At present, about 15 residents are supported by Open Door and Food Banks in the annexe at the White Hart. Several members asked questions at the end of Claire's talk and she was presented with a donation for her charity.

The next meeting is on Tuesday 10 October when Kathryn Anderson, our MU Provincial President, will speak to us about some of the work she does. We meet at 7.30pm in St Mary's Church Room, start with a short service and you are very welcome to come and join us.

WOMEN'S INSTITUTE UPDATE

with a target of £500,000 a year.

The September meeting featured an excellent talk from Ian Kirby, a volunteer at Chailey Heritage Foundation. Ian explained the history of the organisation and its role today. The Foundation was set up in1903 by Grace Kimmins to help disadvantaged young people. During the 50s and 60s the foundation adapted to the changing needs of society. Today, all the students are wheelchair bound with very comprehensive needs. The school is for three to 19-year-olds. Recently a transition service for 19–25-year-olds has been established. Fundraising to support the centre is continuous,

The next meeting is on 3 October at 7.30pm in the Alan West Room of the village hall. The speaker is Andy Thomas, with a talk titled 'Lewes and Bonfire Night'. Illustrated with his own spectacular photographs, he will explore the multi-layered rituals and events. Members are happy to arrange lifts for anyone who finds it difficult to get to the Village Hall. Please ring Ross Meers on 07723 423245 or Judith Cox on 07971 659557 for assistance and information.

RINGMER HISTORY GROUP OCTOBER MEETING

The next meeting is on Friday 20 October at 7.30pm in the Jack Hart Hall of Ringmer Village Hall when David Arscott will speak on 'Kipling and Belloc in Sussex'. David is a well-known speaker and writer on Sussex history. His anthology of the work Sussex writer Hilaire Belloc will be published in January 2024 as a companion to his 'A Sussex Kipling'. Hilaire Belloc (1870-1953), a contemporary of Kipling, has been called the Sussex Poet Laureate, though he was actually born near Paris. His parents brought him to Sussex as a child, and though he travelled the world he always regarded it as his home, living for almost half a century in Shipley. He was a prolific writer and journalist, with more than 150 books to his credit. He's probably best remembered for his cautionary tales for children and for his verse.

RINGMER LIBRARY NEWS + RINGMER HUB UPDATE

SPECIAL DATES IN OCTOBER AT THE LIBRARY

- Tuesday 3 October 2pm-4pm Energy advice session.
- Saturday 7 October 10am-1pm the extra hour will tie in with the Ringmer Hub. Story time will be at 10.30am.
- Saturday 14 October 10am-12pm Energy advice session.
- Thursday 19 October 3pm-4.30pm Hearing Aid Maintenance session.
- Tuesday 31 October 2pm-4pm Energy advice session.

LOOKING FORWARD TO NOVEMBER

From November, we'll be open on Fridays from 2pm-5pm as part of the national Warm Spaces network. This is in addition to our normal opening hours of Tuesday and Thursday afternoons from 2pm to 5pm and Wednesday and Saturday mornings 10am to 12pm. There is also a coffee morning and book sale on Saturday 18 November from 10am-12pm.

FREE COOKING SESSIONS – KITCHEN COMPANY

This winter, you can sign up for 'Kitchen Company' cookery sessions at the Village Hall. Funded by Lewes District Council, everything is free, including ingredients.

MEMORIAL BENCH FOR ROSEMARY HARRIS

You may notice a new memorial bench outside the library to mark the life of Rosemary Harris, a keen library user.

The library is always free to join and use, and we don't need any ID. Check out our wide range of books and jigsaws and don't forget we get new stock monthly. **CONTACT:** Call 07934 046392, email ringmervillagelibrary@gmail.com, follow on Twitter @SaveRingmerLibr or on Facebook/RingmerVillageLibrary.

RINGMER HUB AT THE VILLAGE HALL ON 7 OCTOBER

Ringmer Village Hall Management Committee is pleased to bring you the Ringmer Hub (Societies Fair) on 7 October from 10am to 1pm. Ideal for newcomers to Ringmer or to anyone looking for a new interest. Representatives from 25 local organisations will be in the Alan West Room, ready for informal chats and tea. These include Ringmer History Group, St Mary's Church, St Peter and St James Hospice Group, RAGE, Parish Council, Cheyney Croquet Club, STEPS line dancing, East Sussex Guild of Dyers, Spinners and Weavers, Horticultural Society, Evergreens, our WI and U3A, Lewes Cats Protection League, Dramatic Society, an Art Group, Breathe Pilates, Footpaths Group, Lewes Probus, Ringmer Community Orchard, Laughton Green Woods, Good Neighbours, Baptist Church, Sussex CPRE, East Sussex Vision Support and of course, the Village Hall. Something for everyone, we hope! We'd like to thank Freeman Forman for their help in publicising this popular event.

RINGMER PARISH COUNCIL

Full Parish Council meetings are held monthly usually on the 2nd Tuesday of the month. These meetings incorporate planning.

Please do check our noticeboards outside the Village Hall or on the Village Green, Facebook or our website:

ringmerparishcouncil.gov.uk

area, we are pleased to offer the following services.

Please contact us to discuss your needs;

PETER SPEED Skilled Handyman

- · Tiling/Grouting
- Replacements Repairs
- Wall Mounting
- Decorating

MOBILE

+44 (0)77 6812 2737



GARAGE SERVICES

For all your motoring needs

NEW ONSITE MOT STATION Bikes - Class 1&2 Cars - Class 4 Taxi/VCT Licence

Merlins, Uckfield Road, Clayhill, Ringmer, East Sussex, BN8 5RU (OPPOSITE CLAYHILL SERVICE STATION)

Tel: 01273 813464 www.chariotschauffeurs.com

-) Freeview digital aerial installations or repairs
-) Freesat installations or repairs
-) Sky Q Installations
-) SMATV (communial systems)
-) Television wall mounting
-) Wifi signal improvement/ blackspots
-) Internet sockets
-) CCTV viewable on mobile devices
-) Audio systems
-) Door entry
-) New telephone points or move existing

Local business established 2008 with 17 years experience







Freesat

2 Callao Quay, Eastbourne BN23 5AA

9 6290

email: visionaerials@hotmail.co.uk

Live Well, Your Way

Your home is where you feel the most comfortable and the happiest, it is the place you know the best.

If you want to stay living comfortably at home your local **Home Instead** can help make that possible.



Home For more information about care at home, Instead, please call Alison on 01273 437040.

homeinstead.co.uk/lewes-district-uckfield



Plumbing, Heating & Gas Installations



- Ringmer Based Company.
- All Plumbing Work Undertaken Large & Small.
- Boiler/Heating System Repairs, Upgrades, Alterations & Installs.
- All Pipework Material Types Repaired, Altered & Installed.
- New Bathrooms Installed.
- Old Bathrooms Repaired or Altered.
- Gas Servicing, Gas Safety Checks & Landlords Gas Safety Certificates.
- Small Building Works, Tiling, Plastering & Electrical Work Undertaken.
- £10M Insurance Cover, With over 30 Years Experience.
- Clean, Tidy & Punctual.
- Domestic & Commercial Gas Qualified.

Contact: Andy 07388045424 / swayneltd@hotmail.co.uk









NEWS FROM RINGMER PARISH COUNCIL + RAGE

APPLICATIONS FOR JUBILEE COTTAGES WELCOME

We manage two cottages on the Broyle that were originally donated by the late Ian Askew specifically for young Ringmer families for a three year period at very affordable rents (currently £450/mth). One of the cottages will be available from 1 March 2024 so if you'd like to apply contact admin@rinamerparishcouncil.gov.uk for the application form and more details. The deadline for applications is Monday 9 October 2023, Call 01273 813 242 or 07565 704 342 for more information.

SKATE PARK NEWS

Planning permission conditions are being worked through and we're currently waiting on supplier quotes. LDC has given £45,000 towards the cost and work should start early in 2024.

VILLAGE AMENITIES

Work on the new bus shelter at the West bound Village Green bus stop is completed. We'll be approaching LDC Environmental Health to potentially install some air quality monitoring points in Ringmer.

BECOME A PARISH COUNCILLOR

We have four vacancies for any residents who may be interested in becoming a Parish Councillor. Younger residents of the village are particularly underrepresented on the Council. Please contact the Clerk for more information.



BISHOPS LANE -THAKEHAM PUBLIC HEARING – 3 October at 10am

Church, Lewes, Day One is for

'interested parties', which is anyone who wants to voice concerns or comments). We hope hoped that as many people as possible from the village make their views known to the Inspector. Please bring copies of your comments in writing.

ASHILL-REGEN BROYLE DEVELOPMENT TO GO AHEAD

Proposals were ultimately approved to build 53 homes on land between The Broyle and Round House Roads. LDC has been ordered to pay the developer's costs While the Parish Council continued to challenge the case, LDC decided not to defend its stated objection.

NO NEWS ON GLYNDEBOURNE/GLEESONS HARRISONS LANE APPEAL

The decision was due in August but there is nothing yet. We will update when we have more information.

LETTERS TO SUSSEX EXPRESS HELP KEEP CONCERNS IN THE PUBLIC EYE

Submit by 8am on Monday before publication to sussex.express@nationalworld.com.

Join us at ringmergreenfields, org to find out more on all the above.

RINGMER EVENTS + UPDATES



IT'S THAT TIME OF YEAR AGAIN!

Oh no it isn't. Oh yes it is. Etc. Time to book your tickets for the Ringmer Dramatic Society annual pantomime.

Don't miss out! Tickets on sale now at ticketsource.co.uk or at Ringmer Pet Store.

RINGMER YOUTH CAFÉ

Ringmer Youth Cafe continues most Fridays 6.30pm-8.30pm in the Alan West Room of the Village Hall. £2 admission plus tuck shop. Contact ringmeryp@outlook.com with any questions. This project is supported by LDC and Sussex Police through the Community Safety Partnership.

UPDATE FROM RINGMER PRIMARY AND NURSERY SCHOOL

School secretary Kelly Cheesley writes: "The first two weeks back at school were very busy and very sun-filled. We are so pleased to see that all of our children had a stunning start to the year. All the new Reception children are now in attendance full time and are settling in well. There is a lot happening in school this month, with the building of a new outdoor classroom and the start of swimming lessons for our Year 5 children. Parents have been invited in for a Meet the Teacher event and there is a parent information evening and an Online Safety session coming soon.

"Although the new year has only just started, we are getting ready to welcome the parents of the children due to start school next year with the first of our open mornings on 17 and 25 October. For parents with younger children we have a Nursery open morning on Saturday 14 October. Please contact the school on 01273 812463 for more information on either event."

Barcombe Playgroup

Learning through play

- > Provision for 2-5 year olds
- > Modern facilities in a countryside setting
- > Ofsted rated 'Good'
- ➤ Links to Barcombe Primary school
- > All weather outdoor play area and forest school activities

Tel: 07845 937254

www.barcombeplaygroup.co.uk







Friendly and reliable gardening work One off jobs or regular maintenance

Grass Cutting • Hedge trimming Pruning • Leaf blowing • Strimming Small tree felling • Weeding



E:dan@danmuskgardencare.com M: 07921 252 416





24-hour Emergency Service By Our Own Vets

Ringmer 01273 814590

Ringmer Veterinary Clinic, 70 Springett Avenue, is open for appointments Mon to Fri.

> Lewes 01273 473232 Woodingdean 01273 302609





SOUTHOVER COUNSELLING

Professional help either online, telephone or face to face

Counsellors can help with issues of anxiety, stress, abuse, trauma and relationships difficulties.

Ages from young people to older adults.
All counsellors are registered and highly experienced.

Church End, I Cockshut Road, LEWES BN7 IJH mail@southovercounselling.org.uk Tel: 07852 221449

www.southovercounselling.org.uk



RINGMER ECO EXTRAVANGANZA - Sqt 28 October















Everyone's invited to this event on Saturday 28 October at the Village Hall. It will run from 10am to 3.30pm to showcase initiatives in and around Ringmer that are working to meet the climate challenge. Expect a flier soon, inviting you, friends and families to join us.

All stands and activities are provided by Ringmer groups, individuals, schools and businesses. The St Mary's Eco team hope to encourage lots of people to drop in for information and ideas, to consider supporting projects and to talk and listen to experts and enthusiasts all focussed on how we can reduce our negative impact on planet earth. Expect the following, among other things:

- Clothes and accessories swap, including a teenage section.*
- Expert advice on heating the home.
- How to encourage biodiversity in your garden.
- Eco friendly household tips, textile repairs, clothes making.
- The chance to meet cycling and e-bike enthusiasts.
- Fair Trade coffee, tea and homemade cakes.
- Exhibition of children's animals and insects created from recycled material.
- Surveys and eco-tips from Kings Academy Ringmer students
- Campaigns and groups seeking your interest.

*Please donate any quality, clean clothes and accessories to St Mary's Church Room on 26 Oct 2-4pm or 27 Oct 10-4pm or call 07552487694 for more info.

There will also be three illustrated talks in the Library on the day:

• 12.30pm A talk from a Greenpeace representative.

 1.30pm Matthew Craig of 'Agrimatters' on Food and Farming today.

2.30pm A talk from a Sussex Wildlife representative.

We look forward to seeing you on the day!















LOCAL COUNCILLOR NEWS & VIEWS



Emily O'Brien is a local Lewes District Council member & Prospective Parliamentary Candidate as well as the Green Party Food, Agriculture & Rural Welfare Spokesperson. You can reach her at emily.obrien@lewes.greenparty.org.uk on Twitter @EmilyLincOBrien or Facebook/GreenEmilyOBrien.

She says: "ESCC are considering a petition (organised by your Ringmer councillors and residents) that calls for action on HGVs using villages and country roads as short cuts. It asks to introduce a 'lorry route network' to encourage HGVs onto A

roads and away from villages, narrow streets, and residential areas. The petition was signed by 400 residents from across the district, including many from Ringmer. The petition was submitted in March and is only now being considered.

"We all support our local HGV drivers and welcome local deliveries, but too many use Ringmer to get to other places. Stats show that HGV rat running is damaging air quality, exacerbating our pothole crisis, and causing sheer misery for residents. We're pleased that ESCC is at least agreeing to look at a new freight strategy but there is no time commitment for a decision. We will continue to push for more and faster action."

WILDFLOWER RINGMER OCTOBER 2023



Autumn is here and the wildflower areas have been cut and raked. Plants still flowering have been left to disperse their seeds. All cuttings are used by a local market gardener to make compost. A round-up of progress:

Village Green – the wonderful display of wildflowers this summer included Ox-eye daisies, Evening Primrose, White Campion, Field Scabious and Viper's Bugloss among others. We hope you enjoyed it.

Well-House -we will extend the three new borders for an eye-catching display of cornfield annuals next year. We plan to create a near the War Memorial bench with a seed mix heavily laced with red poppies as a memorial to those who gave their lives to protect their country.

Other areas - In Sadlers Way Green a number of species are established including Red Campion, Cowslips, Primroses, Ox-eye daisies and Evening primrose.

Inevitably, given our limited resources, we focus efforts on the Village Green. Rushey Green is due some planting next Spring!

Interested in helping? Drop us an email at <u>ringmerwildflowers@gmail.com</u> and we will be in touch. Thanks to everyone who has helped so far.



Kitchen

Bedroom
Bathroom
Furniture Dining*Living
Sofas
Rugs*Mirrors*Lamps
Teak and Outdoor Weave Garden Furniture
Garden Pots
Coffee Lounge serving home-made cakes

SHOWROOM

Clearwater House Bell Farm Lane UCKFIELD TN22 1QJ (01273) 813332

sg@sghomeinteriors.co.uk www.sghomeinteriors.co.uk



Bunty Dann HG.Dip. P Human Givens Psychotherapist & Counsellor

Specialising in working with men who have been suffering from:

- **♦** Post Traumatic Stress injuries
- ◆ Depression
- Anxiety
- Poor sleep
- Phobias

call 01342 442305 to arrange an initial conversation

w.buntydanntherapy.co.uk





- Standard Service Just £55
- · Various other Service packages
- Repairs From punctures to full bike builds
- Wheels –True & Build

Pickup and Drop off options.

- · Flat Pack Bike Purchase? Build & Fit Service
- . Hydraulics & Suspension Options
- Safety Check & Fit Kids



Carpets, Upholstery, Curtains & Oriental Rugs (Wet and Dry Cleaning Systems) Stain Removal & Protection Stone, Wood, Tiled & Resilient Floor Cleaning Leather Upholstery Cleaning

Call 07889 179200 for a Free No Obligation Quote www.mrcleaninteriors.co.uk

Family run business since 1985







(1)erek /1/hite INTERIOR & EXTERIOR DECORATION

LOCAL TRADESMAN HIGHLY RECOMMENDED ALL DECORATING SERVICES UNDERTAKEN

CALL 07798 667691 FOR A FREE, NO OBLIGATION ESTIMATE white.derek@hotmail.co.uk

Redwing Roofing

Tel: 01892 610593

Professional roofing company jointly owned by Ringmer resident Daniel Burgan and business partner Jason McCarthy. Redwing Roofing have the integrity skills and knowledge to fulfil your roofing needs. We specialise in the refurbishment and strip and retile of domestic properties.





Our Services Include:

- Slating and Tiling
- Lead Work
- Built Up Felt Roofing
- Single Ply
- Green Roofs
- Soffits and Fascia

Checkatrade.com

Where reputation matters

Contact us now for **FREE** advice and a **No Obligation** guotation

Email: enquiries@redwingroofing.co.uk Web: www.redwingroofing.co.uk

Redwing Roofing Ltd. 8 Sybron Way, Jarvis Brook, Crowborough, TN6 3DZ.





HEALTH SELF-CONFIDENCE SUICIDE OVERWHELMED STRESS SUPPORT CAREER SUPPORTS CONFIDENCE ILLNESS SUPPORT STRESS FEAR BEREAVEMENT COPING UNHAPPYLOSSEMOTIONAL CHALLENGES COUNSELLING ANXIETY MAKE CHANGES

There are times in your life when you may encounter difficult challenges, feel overwhelmed and find yourself struggling. You don't need to face this alone.

Accessing one to one support and being able to talk freely, feeling heard and supported in a calm, confidential and non-judgemental environment is central to making changes.

- · Facing the future
- Self-awareness
- Clarity
- Understanding
- No problem too big or too small

In addition to my own Counselling Practice I am a counsellor for the You Raise Me Up Charity which offers counselling support to families who have suffered the loss of a young adult child between the ages of 16-25. I've worked

previously as a counsellor for the Macmillan Counselling and Cruse Bereavement Services

My practise is in a tranquil setting in the village of Ripe which has easy road access from A27, A22 and B2124 and free off street parking.



For additional information please visit my website or call me to discuss your needs.

Angie Osborne MNCS Accred t: 01323 811253 / m: 07740 424949 e: info@angieosbornecounselling.co.uk w: angieosbornecounselling.co.uk

National Counselling Society Accredited Registrant





THE LINK TO HOPE SHOEBOX APPEAL 2023



Link to Hope was established in 1991 as a direct result of the then dire situation in Romania post-Ceausescu. Since then, this Christian charity has donated millions of shoeboxes full of essentials and treats for people who need it most in Ukraine, Romania, Bulgaria and Moldova.

Sue Clyde organises Ringmer's contribution to Link to Hope and, while we may just be starting the summer holidays, it's never too early to get collecting. Link to

Hope differs from other shoebox campaigns because they collect for everyone, from the youngest children to the elderly, so no-one is left out.

We have until 5 November 2023 to fill a shoebox, wrap it and get it to Sue, who transports completed boxes to the charity's headquarters. Check out the charity's website at linktohope.co.uk for full details of the kinds of items that you can include for each age group. There are also options on there to donate online or provide bulk items direct to the charity.

Sue says: "If people are unable to fill a box, then please do feel free to donate as many items as you can and I will make them up myself. Each box costs between £10 and £15 and I know this may be prohibitive for some, but every item is gratefully received."

To contact Sue Clyde, call 01273 812700 and don't forget to check the details of what to include in your shoebox at linktohope.com. Let's make this year's contribution from Ringmer the biggest yet!

MAGAZINE CONTACT DETAILS

EDITOR: Deb Lancaster, ringmerparishmag@gmail.com

ADVERTISING CONTACT DETAILS

EXISTING ADS: Paul Dench at paul.dench@btinternet.com

NEW ENQUIRIES: Victoria Vincent, <u>ringmerparishmagads@gmail.com</u>

DISTRIBUTION + SUBSCRIPTION CONTACT DETAILS

Mary Greenwood, 01273 812768, <u>lilacgreenwood@aol.com</u>

EDITORIAL BOARD: St Mary's PCC/HON. TREASURER: Sue Tibbenham, 01273 812494
COPY DEADLINE IS MIDDAY ON THE 20th OF THE MONTH
THE PCC RESERVES THE RIGHT TO EDIT, CUT OR REFUSE ANY CONTRIBUTION

Beasley Boilers

Stephen Beasley

Highly qualified engineer with over 30 years experience in the domestic gas industry. Service, Repair, Install, Landlords Certificate,

All Gas Work Undertaken Tel: 07862 691260 beasleyboilers@outlook.com

ELECTRICIAN & HANDYMAN

RINGMER +SURROUNDING AREA 07876 130716

greig.poulter@gmail.com





BLUEBELL HEIGHTS

BRAND NEW DEVELOPMENT OF RESIDENTIAL PARK HOMES. PRICES FROM £195.000 FOR FURTHER INFORMATION CALL: 0800 756 5623



NURSERY SCHOOL

A warm engaging environment where children grow

Provision for 2-5 year olds Amazing outdoor space & woodland

Nurturing environment with strong links enabling a positive transition to primary school

Contact us on 01273 812463 office@ringmerprimary.school www.ringmerprimary.school





Mobility advice and solutions you can trust

The widest range of mobility products available in Sussex. Caring, personal service from real experts.

- Electric Scooters
- Adjustable Bedding
- Bathroom Solutions
- Lift Systems
- Powerchairs
- Manual Wheelchairs
- Riser / Recliner Chairs
- Walking Aids

CALL 01273 473838 TO ORDER **OUR NEW 156 PAGE CATALOGUE**





The Old Dairy, Rise Farm Cockshut Road, Lewes East Sussex, BN7 3PR



CATERING FOR ALL OCCASIONS

Parties, Finger buffets, Funerals

I will tailor the catering to your needs

Call Christine on 01273400352 Arbenz4000@hotmail.co.uk

COUNTY CARPETS

-OF LEWES-

HUGE SELECTION OF QUALITY CARPETS

Kitchen Flooring Rugs & Doormats Natural Flooring

FREE ESTIMATES
plus
Free Fitting on all Floorings

37 CLIFFE HIGH STREET, LEWES

Telephone: 01273 487855 Email: sales@countycarpets.co.uk

RINGMER COMMUNITY CONTACT NUMBERS

<u>Alcoholics Anonymous, Ringmer:</u> AA Helpline 0845 769 7555, meetings Church Room Tuesday at 12.30pm and Village Hall Friday at 12.15pm.

Barn Dancing Society: 3rd Wednesday of month at 8 pm in Village Hall.

Contact Julia Morris on 01273 813595 or Maureen on 07946 735674.

Bowls Club: Rinks: Cheyney Green. Sec: Martin Sargent.

Cheyney Croquet Club: Sue Tompsett 01273813810

Cricket Club: Village Green. Secretary: D Bush on 01273 812522.

Dramatic Society: Mark Croasdale, 01273 812795,

mark.croasdale@live.com

<u>East Sussex Community Choir</u>: Monday 7.30 to 9pm term time only at Lewes Town Hall. Mary Burke 01273 475885 or email

burke.mf@gmail.com

<u>Evergreen Club:</u> 55+ social club, meets most Thursdays at the Village Hall at 2 pm. For details ring Gill or Graham Stapley 01273 812976.

Flower Club: Village Hall at 2 pm, 1st Wednesday in month, email the Treasurer at patkrowley@gmail.com

<u>Lewes & District Art Club:</u> Tuesdays 2-4pm in Village Hall. Mavis Stanley 01273814359 or Angela Howard 01273 813097

Lewes & District Probus: Geoff Fitch on 07484721582,

geoffrey@gmx.com.

<u>Lewes Daytime Music</u>: <u>House of Friendship, School Hill</u>: Choirs Mon 2-3pm and Wed 1-2pm. Ukulele beg. Wed 10.30am. Intermediate: 11am Debra Skeen 01273 476469.

<u>Lewes Social Group of East Sussex Vision Support</u> meets monthly, every second Monday. Local contact Gill Salisbury 01273 812145.

<u>Library:</u> Village Hall, 07934 046392 or ringmervillagelibrary@gmail.com **Memory Moments Café:** (for people with dementia & their

family/carers) - Scout Hut, Thursday 9.30 – 12.30. 01273 494300 or info@knowdementia.co.uk

<u>Mothers' Union:</u> Christine Smith, 01273 814993, christineesmith@me.com or Shirley Squires 01273 752167.

RADAR Community Speed Watch Group Ray Eggleton 01273 812962.

1st Ringmer Guides: Scout Hut, Wed 7pm

fifthlewesbrownies@hotmail.com

1st Ringmer Rainbow Guides: Scout Hut, Wed 5pm. Jennie Barnes 01825 769938, fifthlewesbrownies@hotmail.com.

<u>3rd Ringmer Brownies:</u> Village Hall, Tues 5 pm Teresa Sutton 01273 814992, <u>RingmerBrownies@outlook.com</u>

<u>Parish Council:</u> Call 01273 813242/ 07565 704342 or email clerk@ringmerparishcouncil.gov.uk. Website:

ringmerparishcouncil.gov.uk

<u>Pilates:</u> Village Hall Thursday evening and Friday morning. Contact Louise McAllen, 07841 397550 or louisemcallenfitness@gmail.com

Exercise Classes: Village Hall, Fri 9.30-10.30am. Wendy on 07980 307002.

Ringmer AFC: Ringmer AFC@outlook.com.

Ringmer Baptist Church: Neil Thornicroft 01825 750283.

<u>Ringmer Good Neighbour Scheme:</u> 07340 118758 between 10 and 11 am or 3 and 4 pm or email <u>ringmergoodneighbours@gmail.com</u>

Ringmer History Study Group: John Kay, 01273 813388.

Ringmer Horticultural & Home Produce Club: rhclub1970@gmail.com
Ringmer Primary & Nursery School: Please contact the school office on

01273 812463 or via email at office@ringmerprimary.school

<u>Ringmer Ramblers:</u> Fortnightly walks on Sunday at 10 am (about 5 miles) and more challenging monthly walks on Saturday mornings. Full programme available. Contact Jim Elsam 01273 812335, iim@hteaa.com

<u>Ringmer Rovers Junior Football Club:</u> Football training for players aged 4-16 at Kings Academy Ringmer. Contact the secretary Catherine Kelly on <u>secretary@ringmerrovers.org.uk</u> for more information.

Ringmer Short Mat Bowls: The Bowls Pavilion, Cheyney Green. Mon 2-4.30 pm, Tues 7-10.15pm, Wed 10 am-12.30 pm. Pat Escott 01273 813295.

Ringmer Stoolball Club - Played on the Village Green from May until September. Juniors on Wednesday & Seniors on Thursday evenings.

Contact Stephanie Lambert 01273 812295.

<u>Ringmer Table Tennis Club:</u> We welcome players at all levels for our daytime and evening sessions in the Scout Hut. Please contact our Membership Secretary Jo Miller on 01273 812840 for more details.

<u>Ringmer Tiddlers & Toddlers:</u> Village Hall, Mon and Thurs 9.30am-11.30am. Debbie Pellett on 07930 907116 or email ringmertiddlers@gmail.com

<u>Ringmer Footpath Clearance Group:</u> Marilyn Linehan on 01273 812345 or marilyn@linehan.com

<u>Ringmer u3a:</u> Retired/semi-retired people study a variety of subjects, not for qualifications, but for its own reward. Info from the Chair Sarah Boot-Martin 01273 473309.

<u>Village Hall Bookings:</u> Administrator: Bren Bonner 01273 813303/ 07739 400408 or email bookings to <u>ringmervh.bren@gmail.com</u>

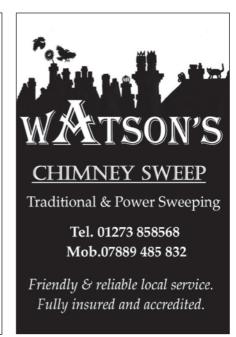
<u>Yoga Class in the Village Hall:</u> Tuesdays 1.30-2.45pm. Contact Sara McGowan on 07947 865876 or email: saramcgowan@yahoo.co.uk

RINGMER GOOD **NEIGHBOURS** needs **VOLUNTEERS**



We provide lifts to appointments for villagers who find travel difficult, and also offer befriending.

You can opt to give as little or as much time as you can spare, opting in when convenient. Join our team of existing volunteers to help us with growing demand. Phone 07340 118758 for details of how we operate and how you might help.





A modern co-working space and business centre in Barcombe Dedicated Offices • Private Desks • Hot Desks • Meeting Room • Kitchen

Get in touch for more information and to arrange a visit

hello@spithursthub.co.uk • 01273 762081

Spithurst Hub, Spithurst Road, Barcombe BN8 5EE

FREE trial sessions available

spithursthub.co.uk



Jim & Sheila Tiller and Linda Powles. Dart Vale Laughton Road, Ringmer, BN8 5NH

www.dartvalecattery.co.uk cats@dartvale.net

01273 814722 07762 901289



RINGMER



Dr Ash Patel BDS (London)

- General Family Dentistry
- Cosmetic Dentistry
- Hygienist
- Tooth Whitening
- Adult Invisible Braces
- Dental Implants
- Emergency Appointments
- Payment Plans Available

NEW PATIENT DENTAL HEALTH CHECK

Includes:

Our unique 12-point Dental Assessment
Digital Scan and X-rays
Personalised Treatment Plan

£10 OFF your initial consultation - ONLY £65 (Normally £75)

Please quote: 'RingmerNews'

Successfully selling properties in East Sussex & Kent since 1989



'Here to guide you home'

For honest, local and professional advice please pop into the office as we'd love to meet you!



The Green, Lewes Road, Ringmer, East Sussex, BN8 5QE 01273 812061 Stuart.Smith4@Countrywide.co.uk