

RINGMER

Church & Village News

DECEMBER 2022



Produced by St Mary's Church PCC

45p/£5 per annum

Successfully selling properties in East Sussex & Kent since 1989



'Here to guide you home'

For honest, local and professional advice please pop into the office as we'd love to meet you!



The Green, Lewes Road, Ringmer, East Sussex, BN8 5QE 01273 812061 Stuart.Smith4@Countrywide.co.uk

CHURCH CONTACTS

VICAR: Revd. David Bouskill, 01273 813359,

vicar@ringmerchurch.org.uk

ADMIN: Shirley Squires, ad-sasquires@talktalk.net 01273

752167/07552492354

AUTHORISED LAY MINISTERS: Marisa Hayes (Children and Families) 07796145464 and Sue Howes (Pastoral)01273 812394. **CHURCHWARDENS:** Anne Franklin on 01273 813189 and

Richard Vincent on 01273 812791

FLOODLIGHTING: Anne Stamper 01273 812316 CARING/SHARING: David Lambird 01273 472324

ORGANIST: John Howes 01273 812394

CHOIR LEADER: Rosemary Colebourn 07552487694 TOWER CAPTAIN: Marisa Hayes, 07796145464,

marisa@happymouflon.com

WEBSITE: www.ringmerchurch.org.uk

MAGAZINE CONTENTS

P2	Letter from St Mary's & Services
P3/6	What' On at St Mary's
P7	From the registers/floodlighting
P10	Ringmer Baptist Church
P11/14	What's On in Ringmer
P15	Library & Village Hall
P16	Ringmer Parish Council
P17	District Councillors/KAR
P22	RAGE [Planning]
P23	Dates for your diary
P27	Competition and magazine contacts
P31/32	Contact numbers for local groups

Email <u>ringmerparishmag@gmail.com</u> with your news by 20 November for the December issue.

LETTER FROM ST MARY'S



December is here, the weather has turned and Christmas is looming large in most of our plans.

In the church calendar, the four weeks before Christmas are known as Advent – it is a time of preparation for the great celebration of Christmas (although if you can organise Christmas in just four weeks you're a better person than I am!)

Advent is supposed to be a time of remembering what Christmas is really about. Behind the tinsel, the food, the parties, the presents, the

tree and everything else, what do we actually need to celebrate Christmas – what is it all about? For those of us who call ourselves Christian, it is about the greatest gift of all, God coming to earth as human and living, teaching, being among us. The gift of a knowledge of God's love for us, His forgiveness for us and the peace His presence can bring in our lives.

For those of us who don't believe, Christmas is still an important festival to celebrate. To come together with family and friends and to celebrate the love we have for others. To share in giving and receiving gifts which signify the importance of people to us. It is a time, at the end of the year, to look back and be thankful for all that has been good – a time before the New Year and a new start to look at where we could be better.

Although Christmas is bright and sparkly and glittering, that is not what Christmas is about. There is something at the core that is worth celebrating, worth clinging on to and remembering in the midst of the busyness that is normally December. I pray that you will hold on to what is important to you this Christmas time. Do not let it get lost in the preparations. And if you'd like to find out a bit more about why we celebrate at the church then please do come and join us at one of the opportunities we have this season.

With every blessing,

Revd David

CHRISTMAS AT ST MARY'S

SUNDAY 4 DECEMBER

10am Christingle Service

6.30pm Advent Eucharist (Chancel)

SUNDAY 11 DECEMBER

10am Advent Eucharist 5.30pm Carol Service

SUNDAY 18 DECEMBER

10am Advent Eucharist

CHRISTMAS EVE

4pm Crib Service 11.30pm Eucharist for

Christmas

CHRISTMAS DAY

10am Family Celebration

Christmas Eucharist

SUNDAY 1 JANUARY

10am Informal Eucharist

WHAT'S ON AT ST MARY'S

For all church services for December, see page 2 or at ringmerchurch.org.uk/Information



ST MARY'S CHRISTMAS FAIR – 10 DECEMBER

Our Christmas Fair is on Saturday 10 December at the Village Hall from 10am until 12.30pm. There will be a range of stalls including books, puzzles, toys, gifts, jewellery, cakes and produce. We'll also have fun and games for all ages as well as the draw for prizes in the Grand Christmas Raffle. Light refreshments will also be available.

If you have new or good quality items to donate for the stalls, tombola or raffle, please leave in the boxes in the Springett Chapel. Please contact Jo Linehan on 01273 812097 or io.linehan@yahoo.com with any questions. We look forward to seeing you at the fair!

PRAYER TIME - TUESDAY 13 DECEMBER



Do please join us at 9am on Tuesday 13 December in the Lady Chapel to pray for the world's needs and for our village and church.

It will be an informal time and prayers can be silent or said aloud. This is now a regular event on the second Tuesday of every month.

HEATING IN CHURCH

Please be aware that we still have no heating in church so come prepared with warm coats and blankets!





Our Services Include

- Fault finding and repair
- Full and partial rewires
- Fusebox upgrades
- · Household lighting
- Electrical Testing
- Sockets added or moved

Contact us now for a free estimate or free advice

"The service we received was nothing short of exceptional " Warren - Ringmer

A Reputation You Can Count On

- Over 80% of our work is from word-of-mouth recommendations.
- A Ringmer based, community led, approved contractor.
- We believe in giving back we run a highly successful apprenticeship scheme for local people and we sponsor local youth sport.

Email: info@synergyelectrical.com

Tel: 01273 741717

Web: www.synergyelectrical.com



Jason Eyre Decorating Painters & Decorators

07976 418299 jasoneyre2@gmail.com

07766 118289 www.jasoneyredecorating.com

RICHARD GREEN

INDEPENDENT, FAMILY OWNED AND RUN FUNERAL SERVICE & MEMORIAL MASON

Funerals arranged to your specific requirements Telephones answered personally 24 hours a day Flexible pre-paid Funeral Plans also available.

125 High Street, Uckfield **TN22 1RN** 01825 760601 (24hrs) uckfield@rgreenfs.co.uk



170 High Street, Lewes BN7 1YE 01273 488121 (24hrs) lewes@rgreenfs.co.uk

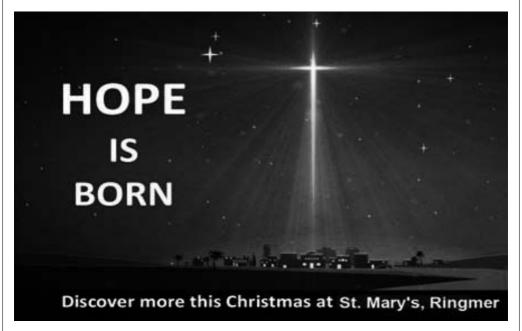


Serving the community of Lewes, Ringmer and surrounding villages for over 12 years.

74 Springett Avenue, Ringmer, East Sussex, BN8 5QX Telephone 01273 813333 www.gracefuneraldirectors.co.uk

Ecclesiastical

WHAT'S ON AT ST MARY'S



SHEPHERD'S ARISE!

Do come on Sunday 18 December from 2-30 - 4.30pm to enjoy a great afternoon of special Sussex carols, readings, instrumental music and a mummers play. It will be perfect for getting into the spirit of Christmas past and present in the ideal church setting. Refreshments will be served. No tickets are required but donations will go to support St Mary's funds. Any queries, please call 07552487694.

CAROL SERVICE WITH RINGMER EVERGEEN CLUB AND RINGMER PRIMARY SCHOOL

On Thursday 8 December, Ringmer Evergreen Club and Ringmer Primary School invite you to join them for a carol service in St Mary's Church. The service starts at 2pm – all are welcome. Tea will be served afterwards in the Church Room.

RING FOR THE KING!

There's still time to get involved with bell-ringing. Learn a new skill, meet new people and make a noise! Practice night is Wednesday 7.30-9pm and we can set up teaching sessions during the daytime to get new ringers established. Get in touch with Marisa 07796 145464,

WHAT'S ON AT ST MARY'S

FLOODLIGHTING ST MARY'S - DECEMBER

3 Dec	Joan & Stephen Newth	"In loving memory"
18 Dec	Margaret Hunt	"Loving memories on our anniversary"
22 Dec	Margaret Hunt	"Loving thoughtful birthday wishes"

24 Dec Allen Leveque "Treasured memories" 24 Dec Charles & Ruth Colewell "Treasured memories"

ST MARY'S TODDLER GROUP

The group meets every Wednesday from 10.30am and 12pm in the Village Hall. Everyone with pre-school children of all ages are welcome. Tea and coffee are provided and there's always a willing pair of arms to hold the baby or play games. There is no charge, but donations welcome for St Peter & St James Hospice. We're taking a break between Christmas and New Year, reopening on Wednesday 4 January 2023.



BIG THANK YOU FROM ST MARY'S!

Thanks to everyone who showed an interest in our surplus kneelers (pictured left). We're delighted to report they've all found new homes!

KNITTED NATIVITY AT HOME

St Mary's has two knitted Nativity scenes which are available to borrow for a couple of nights, along with story books for all ages. Contact Marisa for details on 07796 145464.

FROM THE REGISTERS - NOVEMBER 2022

FUNERALS	15	PETER MOUNFIELD
	16	PATRICIA GREEN
	18	JOHN HARRIS
	23	JEAN BARNETT



07912 224825

Mobile Dog Grooming within 10 miles of Ringmer

Dog Walking & House Visits within 5 miles of Ringmer

City & Guilds Level 3
qualified in Dog Grooming

& Canine First aid trained

% Fully insured

clairescaninecare.com clairescaninecare@yahoo.com

LEW HOWARD AND SON

66 Springett Avenue, Ringmer, E. Sussex Tel / Fax: 01273 812309

FAMILY BUTCHERS

ENGLISH & SCOTCH BEEF, FREE RANGE PORK, ENGLISH & NEW ZEALAND LAMB, FRESH CHICKENS

SPECIALITY SAUSAGES

OVER 40 VARIETIES



David Undrell Kitchens, Fitted Furniture & Carpentry



Kitchen Fitter & Supplier

Complete service from plumbing to plastering. Trade deals from companies such as Howdens. Excellent reputation. Free estimates & advice.

Also, all manner of carpentry including flooring, skirting, architraves, doors, fitted bedroom furniture etc.

Tel: 01273 812036 Mobile: 07799 121242 davidundrell@yahoo.co.uk.

www.davidundrell.co.uk

JWR TYRES

GETTING TO GRIPS WITH



TYRES YOU CAN AFFORD

OAK TREES, THE BROYLE

RINGMER, E. SUSSEX BN8 6PH **HALLAND (01825) 840657**





Efficient, friendly service from your local Electrician.

Contact Nick on 07578 277 483 // n.holmeselectrical@gmail.com



The Friends raise funds to support NHS services at Lewes Victoria Hospital helping to deliver excellent care in your local community.

We rely on your support to fund the exceptional care and treatment that the hospital is known for.

Pledge today and give something back to your local community.

Donate directly online through our website or our JustGiving and Virgin Money pages.

Leave a legacy in your will.

To donate or get involved visit our website at www.folvh.org

SUPPORT YOUR LOCAL HOSPITAL COMMUNITY

ELECTRICIAN & HANDYMAN

07876 130716

greig.poulter@gmail.com





TV, AERIAL & AV ENGINEER

CEDIA MEMBER 01273 499 133 07769 636 669



www.avanthometechnology.co.uk



Yoga in Ringmer

with

HazelJYoga

Fully certified Iyengar Yoga teacher

All abilities welcome

http://hazeljyoga.weebly.com/ hazeljyoga@hotmail.com

07865 131 994



FREE NIC EIC Electrical Certificate with installation

GARDEN LIGHTING
Tel. 01273 499133



RINGMER BAPTIST CHURCH



A warm welcome awaits all who join us to worship the Lord Jesus Christ and to hear what God is saying.

Sunday services are at 10.30am and 6pm at the Village Hall and on Zoom. Wednesday Prayer Meeting is at 10.30am and a Thursday Home Group at 7.30pm, which are both held at the library.

Contact Neil Thornicroft on 01825 750283 for Zoom log in details to stream Sunday Services and for any pastoral needs.

We operate **Ringmer Food Bank**, which is open from 11am to 12pm every Monday (other than Bank Holidays), in the library. This service is for individuals and families who have been referred to us by local welfare organisations and churches for emergency aid. There is a delivery service available. For more details call Gill Salisbury on 01273 812145.

CHRISTMAS SERVICES

Christmas Family Service: 18 December at 10.30am Carols by Candlelight: 18 December at 6am

Christmas Day Worship 25 December.

You can find details of our services, including who is speaking and which verses they are covering at our website, which is www.ringmerbaptist.uk.

CHRISTMAS DAY LUNCH

If you're going to be on your own on Christmas Day or you're having difficulties providing a meal for yourself or family, then come along and join us at our annual Christmas Day lunch in the Village Hall. Contact Annali-Joy Thornicroft for details or see page 11 and our website (listed above).

The next Fellowship Lunch is in February 2023.

'And in the same region there were shepherds out in the fields, keeping watch over their flock by night. And an angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were filled with fear. And the angel said to them, 'Fear not, for behold, I bring you good news of great joy that will be for all the people. For unto you is born this day in the city of David a Saviour, who is Christ the Lord. And this will be a sign for you: you will find a baby wrapped in swaddling cloths and lying in a manger.

(Luke - Chapter 2 verses: 8-12 / English Standard Version)

WHAT'S ON IN RINGMER IN DECEMBER

CHRISTMAS ON A PLATE COMPETITION!

All ages are welcome to enter the competition to present Christmas on a paper plate to be judged at the Christmas Fair in the Village Hall on Saturday 10 December. There will be various age categories from 0 to 90, with prizes including books, gifts and a voucher for coffee and cake at Grounded at the Forge.

Entries can include drawings and paintings, collage, a model from clay, playdoh, LEGO or even food! The only restriction is size, which must be a 22cm paper plate. Collect (and return) your plates at St Mary's Church or Ringmer Library any time before 9 December and come along to the Fair to see if you are a winner!

RINGMER HISTORY GROUP

The Christmas meeting is at 7.45 pm on Friday 9 December in Ringmer Village Hall. There will be two short presentations separated by an interval during which we shall be serving mulled wine and mince pies. In the first talk Bob Cairns will show some new postcard images of Ringmer, not previously seen. After the interval, John Kay will give a short account of the life and legacy of Captain William Green of Park Gate, one of Ringmer's more colourful characters. For catering purposes it will be very helpful to know in advance how many people will be attending. The Ringmer History Group currently has 299 members for 2022-3. Who would like to be member no 300?

RINGMER YOUTH CAFÉ

There's limited opening in December as we shall be closed on 2 and 16 December. We re-open on Friday 6 January from 6.30-8.30pm in Ringmer Village Hall. New members welcome. For details, contact ringmeryp@outlook.com



CHRISTMAS LUNCH 2022

Are you on your own on Christmas Day? A warm welcome awaits you at Ringmer Village Hall. Come and enjoy Christmas lunch and festive entertainment with others. For more information and to reserve your place, contact Annali-Joy Thornicroft by 18 December on 01825 750283 or at thornicrofts@btinternet.com.

With special thanks to Lew Howard & Son Butchers, Ringmer Baptist Church, Ringmer Village Hall Management Committee and many other kind people for their generous donations.



Locked Out? Faulty Locks? Call Altkey Locksmiths

- · Lock Opening & Fitting
- Upvc Door & Window Repair
- Independent Locksmiths
- Free Surveys

- Fully Insured
- Domestic & Commercial
- 24Hr Emergency Repairs
- No Call-Out Charge

Modern Services, Traditional Values 01435 812730 / 07557 476699

Email: Steve@altkeylocksmiths.co.uk Website: www.altkeylocksmiths.co.uk





07762 924668

emma-goldsmith@hotmail.com

LEWES &

RINGMER REMOVALS

Local Removals House Clearance Services

- House, Loft, Garage, Shed, Outdoors. E A licensed

07906 058048

lewes.removals@gmail.com

Packaging supplies Packing Services





Mobile Servicing & Repairs to Agricultural Tractors & Machinery. Bicycles, Cars, Vans, Lawn Mowers, Strimmer's Chainsaws & Hedge Cutters Serviced & Repaired. Lawn Mowing / Strimming / Hedge Cutting / DIY Maintenance

Tel: Clive on 01273 401182 / 07595 690785 www.clivewidgeryagricservices.co.uk E-Mail: clivewidgery@btinternet.com

Francesca Rutherford Parent Infant Psychotherapist



I offer support to parents and their babies and to expectant mothers and fathers

I provide face to face or online therapy facilitating a safe, confidential and nonjudgemental space for parents and babies who would like to explore their thoughts, feelings or experiences of their relationship with their baby and parenting.

Email: francescarutherford@googlemail.com • Tel: 07932 558 493 • Website: www.francescarutherford.co.uk



For all automotive bodywork requirements

Minor scratches to full restoration projects

Insurance Work Undertaken

Free Collection & Delivery

Pop in for advice & a quotation, or call Simon or Adi on

01435 810061

email cmscoachworks@gmail.com www.cmscoachworks.co.uk

WHAT'S ON IN RINGMER IN DECEMBER

WOMEN'S INSTITUTE DECEMBER UPDATE

At its recent November Annual meeting, Ringmer WI elected a new President - Ross Meers and as joint Secretary, Judith Cox and Glynis Walker. Julie Terry and Anne Stamper were each presented with a bouquet and thanked for all their work for Ringmer WI. The WI has received confirmation that the tree we planted on the Green in October has been officially recorded and mapped as a contribution to the Queen's Canopy. The WI wish to thank those who braved the atrocious weather to come to our 'Coffee Cake & Christmas' morning and helped make it a success. The date of our next meeting, Christmas Themed, is Tuesday 6 December. All members and visitors are welcome.

CAROLS AND COFFEE

Do come and join us in the Village Hall on Thursday 15 December at 7.30pm for an evening of carols and other Christmas music. We will be joined by St Mary's Church Choir, 'Singalong' singing group, St Mary's Handbell Ringers and members of St Mary's Music Group. As usual, there will be an opportunity to choose and sing your favourite



carol, and coffee and mince pies will be served during the interval. Entrance is $\pounds 1$ (accompanied children free) and there will be a retiring collection, all in aid of Cancer Research UK. If you need transport, please call John Payne 01273 812501.

ST PETER & ST JAMES HOSPICE SUPPORT GROUP

LIGHTS OF LOVE - All welcome at St Mary's Church at 4 pm on Saturday 3 December for the service remembering our loved ones and in support of the Hospice. Immediately prior to the service the Christmas tree lights in the churchyard will be switched on. Unfortunately the church central heating boiler is not working, so please wrap up warm!

CAROL SINGING – We will be singing carols outside Ringmer shops on Christmas Eve from 10am for about an hour. all welcome to join us to swell the numbers and the volume! Do come and help us raise much needed funds for the Hospice, even if you are not able to stay for the whole time.

JAYNE'S SKYDIVE, self-funded, confirms that all donations go direct from her Just Giving page to the Hospice. All details are on the Ringmer Support Group Facebook page where there is a donate button.

For more information email javne.mr@btinternet.com

RINGMER VILLAGE LIBRARY



Ringmer Village Library is open Tuesday and Thursdays 2 to 5pm and Wednesday and Saturdays 10am to 12pm. It's free and fast to join and offers free books and jigsaws.

From 2 December until the end of March 2023, the library will also be open on Friday afternoons between 2 and 5pm as part of the Warm Spaces scheme. Warm Spaces is a UK wide network of warm welcoming spaces available to

anyone who needs warmth for whatever reason this winter. The library will act as an official Warm Space for Ringmer, thanks to a grant from Ringmer Parish Council. You don't need to be a member to come and enjoy the Warm Space at the library, which includes warm room, free access to a public computer and the chance to get a hot drink. Read about Warm Spaces at warmspaces.org

The library will be closed on 23, 24 and 27 December for Christmas. All other days will be open as normal. All the library volunteers wish you a happy Christmas and thank you for supporting us through another year.

It's free to join the library and free to borrow from its extensive catalogue of books and jigsaws. Audio books are available to borrow at a small cost and DVDs and books are also on sale with prices starting at just £1. Members also get a monthly newsletter with a regular competition. This month, you can win a copy of the latest Richard Osman title, *The Bullet That Missed*.

Christmas Cards designed by local artist Sid Richards are on sale right now in aid of the Village Hall. Contact the library on 07934 046392 or at ringmervillagelibrary@gmail.com, Twitter @SaveRingmerLibr and Facebook/RingmerVillageLibrary.

RINGMER VILLAGE HALL TRUSTEE UPDATE

Trustee Liz Owen says: "We've now completed the work on the lobby for the Symons Hall, with lovely new flooring and the final touches done in the new accessible toilet. The improvement works to the Hall will continue in 2023, and we'll keep you posted here. In the meantime, the trustees would like to thank our users and wish everyone all the best for the Christmas and the New Year."

CATCH THE CHRISTMAS POST

The Christmas Post, which Commercial Square Bonfire Society deliver each year to Lewes, Kingston and Ringmer is available until 14 December. Drop your cards to Lew Howard & Son Butchers, Ringmer Library or 'Pegasus', Broyle Paddock, Ringmer. Delivery costs 25p per card and cards will be delivered after the cut-off date of 14 December.

RINGMER PARISH COUNCIL

Full Parish Council and Planning Meetings will now be held bi-monthly on 2nd Tuesday of the month at 7.30pm. Other meetings are yet to be decided so please do check the noticeboard outside the Village Hall, our website or Facebook for up-to-date information:

www.ringmerparishcouncil.gov.uk

Parish meetings are held in our Parish Rooms at Ringmer Parish Council, Old School Close, Ringmer, East Sussex, BN8 5RA.

Phone: 01273 813 242

Email: clerk@ringmerparishcouncil.gov.uk

SPEED & SONS

Servicing East Sussex area, we are pleased to offer the folowing services.

Please contact us to discuss your needs;

PETER SPEED Skilled Handyman

- Installa
- · Tiling / Grouting
- Replacements
 Repairs
- Wall Mounting
- Wall Mountin
 Decorating

MOBILE

+44 (0)77 6812 2737



GARAGE SERVICES

For all your motoring needs

NEW ONSITE MOT STATION
Bikes - Class 1&2 Cars - Class 4
Taxi/VCT Licence

Merlins, Uckfield Road, Clayhill, Ringmer,
East Sussex, BN8 5RU
(OPPOSITE CLAYHILL SERVICE STATION)

Tel: 01273 813464 www.chariotschauffeurs.com

VISION ERIALS & SATELLITES

- Freeview digital aerial installations or repairs
-) Freesat installations or repairs
-) Sky Q Installations
-) SMATV (communial systems)
-) Television wall mounting
-) Wifi signal improvement/ blackspots
-) Internet sockets
-) CCTV viewable on mobile devices
-) Audio systems
-) Door entry
- New telephone points or move existing

Local business established 2008 with 17 years experience







2 Callao Quay, Eastbourne BN23 5AA

01323 478297 07549 629079

email: visionaerials@hotmail.co.uk



SUPPORT AT HOME

Home Instead offer quality home care services. We can assist with companionship, home help, dementia care, personal care, respite care... plus more!



Contact Alison 01273 437040 or visit www.homeinstead.co.uk/lewes-district-uckfield



Rupert Thacker

A complete Furniture Restoration Service
Furniture made to order,
Furniture repairs, polishing etc of Antique,
Contemporary and Reproduction furniture
Free estimates



The Old Barn Workshops, Flitteridge Farm, Fletching, nr Uckfield, East Sussex TN22 3LT

Tel/Fax 01825 713111 (workshop) Mobile 07950035044 Email: sales@rupert-thacker.com www.rupert-thacker.com

Hummingbird
...harmonising the mind, body and spirit



Reiki is a simple hands on healing technique that reduces stress, restores balance and makes you feel refreshed and relaxed. Used to improve physical, emotional, mentaland spiritual wellbeing.

Reiki can relieve pain and acute symptoms quite rapidly while more chronic problems may require more extensive treatment.

Reiki provides deep relaxation, promotes a sense of peace and wellbeing and is a wonderful antidote to stress. It complements all other healing modalities and can restore a sense of balance within every area of your life.

Anna has over 20 years experience in Reiki and offers as supportive and empathetic approach

Contact Anna on 07525 688850





HORAM MANOR FARM HORAM HEATHFIELD TN21 0JB

GORGEOUS ITALIAN AND FRENCH AFFORDABLE CLOTHING IN BEAUTIFUL
COLOURS FOR ALL

MOHAIR, CASHMERE MIX, VEGAN RECYCLED WOOLS, COTTONS, LINENS,
JUMPERS, CARDIGANS, PONCHOS AND COATS
SIZES 8 TO PLUS SIZE AVAILABLE
JEWELLERY, SCARVES, CRYSTALS, INCENSE
ECLECTIC MIX OF VINTAGE

AND COLLECTABLES

INDEPENDENT SMALL BUSINESS
WITH A PERSONAL SERVICE
CONTACT ANNA ON 07525 688850
FACEBOOK AND INSTAGRAM HUMMINGBIRDANNA

NEWS FROM RINGMER PARISH COUNCIL

PLANNING

Lewes District Council Planning Committee voted to approve the Norlington Lane Solar Farm application on Tuesday by 5 votes to 4. This is disappointing as we voted unanimously against the proposal. We recognise the need for 'green' energy and are proud to say that the only solar farm in the Lewes District is at Upper Clayhill in our parish.

The Parish Council objections were all associated with the location adjacent to Norlington Lane. The fields are of the highest quality for arable production; they are set against a quiet leisure lane with some of the oldest buildings in Ringmer, whose setting will be destroyed if the solar farm is constructed.

Cllr Sarah Phillips represented the Parish Council and covered all of our concerns in her presentation objecting to the application and was ably supported by two Ringmer residents. Cllr Richard Turner, a member of the Planning Committee also spoke strongly against the application.

PARKING

As well as concerns raised by residents about parking on pavements, we've had complaints about parking on grass verges and the subsequent damage. Vicarage Way is a good example of this and the Parish Council is seeking the opinions of local residents on the suggested use of bollards to prevent parking on that verge. We've also received comments about parking at the junction of Harrisons Lane and the Lewes Road. We would ask residents living near the junction for their views on extending the double yellow lines further along Harrisons Lane. Please contact the Parish Clerk on admin@rinngmerparishcouncil.gov.uk

QUEEN'S JUBILEE TREE

A *Prunus Accolade* has been planted in the Jubilee Garden. Our thanks to Goldcliffe Garden Centre for donating the tree and the accompanying stake, tie, compost and rooting powder. A virtual plaque has been applied for and we are working to acquire a physical plaque.

QUEEN'S MEMORIAL TREE

A *Prunus Autumnalis* will be planted behind the bench near the village War Memorial. Our thanks to Goldcliffe Garden Centre for offering a discounted price.

MAY 2023 ELECTIONS

The local elections in May 2023 will see the current Parish Council replaced by a newly elected group of residents. Johnny Denis is unable to stand for re-election due to his other commitments and has offered to speak to any resident considering putting themselves forward as candidates. Please contact Johnny on 07949 013075 to find out more.

NEWS FROM DISTRICT COUNCILLORS

UPDATE FROM EMILY O'BRIEN AND JOHNNY DENIS

Councillor Emily O'Brien says: "Johnny Denis and I continue to work with local residents to promote a petition asking East Sussex County council to take action on the growing number of HGVs using narrow or unsuitable roads as a cut through. A successful protest took place on Tuesday 18 October on Ringmer Village Green and was great fun, attracting a large and good humoured crowd.

At the suggestion of a resident, I'm proposing a motion at the next Lewes District Council meeting focussing on what we can do as a council to reduce HGV traffic via the planning system. We should expect more from developers in managing construction traffic and believe this should be given more consideration earlier on. Sometimes the construction management plans feel like an afterthought, which just isn't right. Plans should look specifically at the routing of construction traffic away from villages and unsuitable roads.

Many continue to be affected by the cost of living crisis and we held a district council Cost of Living summit to help ensure joined up efforts. We continue to do all we can to support local people and are also supporting local organisations including food banks. If you need support please see the Lewes District Council website."



KAR WINS AWARD

Kings Academy Ringmer won the Education Estates 2022 Sustainability Award. Principal Sian Williams presented at the event on KAR's impressive environmental work and the legacy they are passing on to the students. The school teaches the students to 'think like environmentalists' and threads this

into the curriculum, providing support for careers in environmentally focused jobs and helping the students to consider what they can do to help the planet; all the more poignant with COP27 and the headlines the world is facing.

King's Academy Ringmer were thrilled when they won the award, presented by Sponsor EQUANS and comedian Ed Byrne. Mrs Williams says: "We faced tough competition and I'm so proud of our students and their achievements because they are the reason we won the award".

The school plans to use the prize money to go towards more eco projects to benefit the students and improve the environment within the Steve Green building.

Barcombe Playgroup

Learning through play

- > Provision for 2-5 year olds
- > Modern facilities in a countryside setting
- > Ofsted rated 'Good'
- ➤ Links to Barcombe Primary school
- > All weather outdoor play area and forest school activities

Tel: 07845 937254

www.barcombeplaygroup.co.uk







Friendly and reliable gardening work One off jobs or regular maintenance

Grass Cutting • Hedge trimming
Pruning • Leaf blowing • Strimming
Small tree felling • Weeding





E:dan@danmuskgardencare.com M: 07921 252 416





24-hour Emergency Service By Our Own Vets

Ringmer 01273 814590

Ringmer Veterinary Clinic, 70 Springett Avenue, is open for appointments Mon to Fri.

> Lewes 01273 473232 Woodingdean 01273 302609





SOUTHOVER COUNSELLING

Professional help either online, telephone or face to face

Counsellors can help with issues of anxiety, stress, abuse, trauma and relationships difficulties.

Ages from young people to older adults.
All counsellors are registered and highly experienced.

Church End, I Cockshut Road, LEWES BN7 IJH mail@southovercounselling.org.uk Tel: 07852 221449

www.southovercounselling.org.uk



Umesh Patel Specialist in myopia management.



Fully Independent Opticians



Amanda Davidson
Dry Eye Specialist



Julian Silburn Specialist spectacle dispenser

- Offering telephone and in-practice appointments
- PPE and social distancing in place for safe visits
- Optomap and OCT retinal imaging for class leading eye care
- Excellent selection of spectacles in stock



Colin Davidson Specialist IP Optometrist

LINDBERG







Dolphins Optometrists Dolphin House 33 Muster Green Haywards Heath RH16 4AI

FREE PARKING ON-SITE

01444 454808

www.dolphinsoptometrists.co.uk

Opening Times

Mon: 09.00 - 17.30 Thu: 09.00 - 17.30 Tue: 09.00 - 17.30 Fri: 09.00 - 17.30 Wed: 09.00 - 13.00 Sat: 09.00 - 13.00



PLANNING UPDATES FROM RAGE



Join us at <u>www.ringmergreenfields.org</u> to protect Ringmer's countryside from inappropriate development.

OVESCO NORLINGTON LANE SOLAR FARM

Lewes District Council Planning Committee voted to approve the Solar Farm with five votes in favour to four against. This is a disappointing result for many in the local community. Ringmer Neighbourhood Plan recognises the special importance of Norlington Lane to residents, many of whom are appalled at the thought of the damage to the character of this rural 'green lung' of the village.

Out of the 372 comments submitted by residents, 87% objected and 13% supported. Ringmer objectors are not opposed to solar energy. We already have a solar farm at Upper Clayhill, the only solar farm in Lewes District, which elicited only three objections. Following the soil survey results in August that categorised the land as high quality farmland, our three Ward Councillors stated their opposition as did Cllr Matthew Bird, Sustainability Lead for Lewes Council.

At the meeting residents Anne and Georgina, Sarah Sheath (Save Norlington Lane) and Cllr Sarah Phillips (Ringmer Parish Council) brilliantly highlighted the issues against the proposal. The only Ward Councillor to provide any representation at the meeting was Cllr Sean MacLeod who supported the application.

There is some hope that the decision will be overturned. Maria Caulfield MP advises she has called the application in with the Secretary of State. In a letter received by some residents she says "... in the instance of Ovesco Solar Farm on Norlington Lane, I cannot agree to losing 70 acres of prime agricultural land." We will keep you updated with progress on this front.

RANGERS FARM, CHAMBERLAINES LANE, FORMAL APPEAL

Thank you to everyone who attended the hearing on 22 November. The decision will be published on our website and Facebook page when available.

CROUDACE, BROYLE GATE FARM (100 houses on three fields)
Still awaiting the Planning Officer's decision following September's Formal Inquiry.

OTHER APPLICATIONS DUE FOR DECISION:

BOKLOK, Land to the South of the Broyle LW/22/0282 (70 residential dwellings)

ASHILL REGEN, LOWER LODGE FARM Land between the Broyle and Round House Road LW/22/0255 (53 homes, mix of houses and flats) GLYNDEBOURNE/GLEESONS LW/22/0472 (New application 75 homes off Harrisons Lane)

Visit our website Ringmer Against Greenfield Exploitation for more information.

DATES FOR YOUR DIARY

RINGMER FLOWER CLUB

The next meeting of the Flower Club is at 2pm, Wednesday 7 December in the Village Hall. The demonstration is appropriately entitled "Tis the Season" and we will be joined by Sue Thompson. Visitors are welcome with an entrance fee of £8.00 to include tea and biscuits.

RINGMER BARN DANCING

The group meets every third Wednesday of the month in the Village Hall from 8-10pm. It's £5 per session and there is live music and a caller. You don't need to have a partner as there are lots of single dancers. No experience necessary. Bring comfy shoes and your own liquid refreshments. Contact Julia on 01273 813595 or Maureen on 07946735674 for more details.

CHAILEY HERITAGE FOUNDATION FOCUS 10k

The foundation's most important fundraising event is back on 14 May 2023. Money raised goes towards Patchwork Farm, the on site therapy farm at Chailey Heritage Foundation. Super Early Bird tickets can be bought at focus10k.com. Contact 01825 724752 or at fundraising@chf.org.uk for more information.

GROUNDED AT THE FORGE – A LITTLE UPDATE!



During the winter season, Grounded at the Forge is open Monday to Saturday from 8am to 4pm, Fridays between 8am and 6pm with an alcohol licence for Thursday, Friday and Saturday from 12pm.

This month and in January, you can also take part in the following:

WREATH MAKING - Thursdays 8 & 13 December

7pm to 8.30pm/£49.50pp including a glass of fizz and, of

course your wreath! Contact kellyminnsey@hotmail.co.uk

PAINT CLUB – Thursday 12 January 7pm to 9pm

£29 pp. Book online at the paintclub.com/book

ALL DAY ART WORKSHOP - Sunday 15 Jan 10am to 5pm

Price is £100 pp inc materials, small group tuition, food and drink. For more info and to book email $\underline{athena.jane@gmail.com}$

All of the above can be purchased as a Christmas Gift and Gift Vouchers of any value are also available – buy direct from The Forge.



Kitchen

Bedroom
Bathroom
Furniture Dining*Living
Sofas
Rugs*Mirrors*Lamps
Teak and Outdoor Weave Garden Furniture
Garden Pots
Coffee Lounge serving home-made cakes

SHOWROOM

Clearwater House Bell Farm Lane UCKFIELD TN22 1QJ (01273) 813332

sg@sghomeinteriors.co.uk www.sghomeinteriors.co.uk

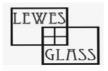


Specialising in working with men who have been suffering from:

- Post Traumatic Stress injuries
- ◆ Depression
- Anxiety
- Poor sleep
- Phobias

call 01342 442305 to arrange an initial conversation

w.buntydanntherapy.co.uk



Local, friendly, family-run.

www.lewesglass.com

01273 475 123

lewesglass@gmail.com

Windows – doors – double glazing – conservatories – bespoke projects + more

FENSA



o bikerepairbox.com o 07947 054005 o jacks@bikerepairbox.com

59 Harvard Road, Ringmer, East Sussex, BN8 5JF

Ride safe. Invest in qualified services for you and your family. Pickup and Drop off options.



- Standard Service Just £55
- Various other Service packages
- Repairs From punctures to full bike builds
- · Wheels -True & Build
- · Flat Pack Bike Purchase? Build & Fit Service
- . Hydraulics & Suspension Options
- Safety Check & Fit Kids

DOES YOUR GARDEN NEED THE BLOOMING GARDENS TOUCH?

Blooming Gardens offer an expert garden maintenance and planting design service in the Ringmer area. With affordable rates experienced and fully insured gardeners your garden is in safe hands.

Call Jackie on 079838 96963 today for a free quote

jackiebloominggardens@yahoo.com
Jackie Freeman N.C.H & H.N.D. LM





INTERIOR & EXTERIOR
DECORATION

LOCAL TRADESMAN
HIGHLY RECOMMENDED
ALL DECORATING
SERVICES UNDERTAKEN

CALL 07798 667691

FOR A FREE, NO

OBLIGATION ESTIMATE

white.derek@hotmail.co.uk

Redwing Roofing

Tel: 01892 610593

Professional roofing company jointly owned by Ringmer resident Daniel Burgan and business partner Jason McCarthy. Redwing Roofing have the integrity skills and knowledge to fulfil your roofing needs. We specialise in the refurbishment and strip and retile of domestic properties.





Our Services Include:

- Slating and Tiling
- · Lead Work
- Built Up Felt Roofing
- Single Ply
- Green Roofs
- Soffits and Fascia



Contact us now for **FREE** advice and a **No Obligation** guotation

Email: enquiries@redwingroofing.co.uk Web: www.redwingroofing.co.uk

Redwing Roofing Ltd. 8 Sybron Way, Jarvis Brook, Crowborough, TN6 3DZ.





HEALTH SELF-CONFIDENCE SUICIDE OVERWHELMED COPING SUPPORT CAREER SUPPORT CONFIDENCE ILLNESS SUPPORT STRESS FEAR BEREAVEMEN COPING UNHAPPYLOSSEMOTIONAL CHALLENGES COUNSELLING ANXIETY MAKE CHANGES

There are times in your life when you may encounter difficult challenges, feel overwhelmed and find yourself struggling. You don't need to face this alone.

Accessing one to one support and being able to talk freely, feeling heard and supported in a calm, confidential and non-judgemental environment is central to making changes.

- · Facing the future
- Self-awareness
- Clarity
- Understanding
- No problem too big or too small

In addition to my own Counselling Practice I am a counsellor for the You Raise Me Up Charity which offers counselling support to families who have suffered the loss of a young adult child between the ages of 16-25. I've worked

previously as a counsellor for the Macmillan Counselling and Cruse Bereavement Services

My practise is in a tranquil setting in the village of Ripe which has easy road access from A27, A22 and B2124 and free off street parking.



For additional information please visit my website or call me to discuss your needs.

Angie Osborne MNCS Accred t: 01323 811253 / m: 07740 424949 e: info@angieosbornecounselling.co.uk w: angieosbornecounselling.co.uk





COMPETITION AND MAGAZINE CONTACTS

WIN... £20 VOUCHER FOR LEW HOWARD & SON!



Lew Howard & Son is a Ringmer institution and has been trading for more than 50 years. Always supportive of village life and the community, the family butcher offers sustainable, locally sourced meat with the highest welfare standards, amazing customer service and everthing you need for a great Christmas.

Buy your Christmas fare at Lew Howard & Sons and support this brilliant local business. As well as donating the turkey for the Christmas Day lunch at the Village Hall (see page 11), Lew Howard & Sons are also offering a £20

voucher for our readers.

Email your answer to ringmerparishmag@gmail.com by 20 December for your chance to win!

Q: How long has Lew Howard & Son been trading in Ringmer?

AND THE WINNER IS...

The winner of last month's competition was Mike Townsend, who won a £20 voucher for the Anchor. Check out their Christmas markets on 4 and 11 December.

Competition T&Cs: Only one entry per person, winners will be the first correct entry drawn after the closing date. The editor's decision is final and the winner will be notified accordingly. Prize non-transferable. No cash alternative

MAGAZINE CONTACT DETAILS

EDITOR: Deb Lancaster, ringmerparishmag@gmail.com
HON. TREASURER: Sue Tibbenham, 01273 812494.

EXISTING ADS: Paul Dench at paul.dench@btinternet.com

ADS ASSISTANT: Victoria Vincent, ringmerparishmagads@gmail.com

CHIEF DISTRIBUTOR: Mary Greenwood, 01273 812768, lilacgreenwood@aol.com Please contact Mary Greenwood if you would like to have the magazine delivered monthly.

EDITORIAL BOARD: St Mary's PCC

COPY DEADLINE IS 20th OF THE MONTH. ANYTHING RECEIVED AFTER THIS DATE MAY NOT GO IN.

THE PCC RESERVES THE RIGHT TO EDIT, CUT OR REFUSE ANY CONTRIBUTION

Beasley Boilers

Stephen Beasley

Highly qualified engineer with over 30 years experience in the domestic gas industry. Service, Repair, Install, Landlords Certificate, LPG.

All Gas Work Undertaken Tel: 07862 691260 beaslevboilers@outlook.com



BLOSSOM AND BLOOM Flowers for all occasions, based in Ringmer

Whether you are looking for wedding flowers, funeral flowers or a beautiful bouquet, contact Lisa today.

www.blossomandbloomltd.co.uk 07427-144866

blossomandbloomltd@gmail.com

Free delivery within 10 miles



NURSERY SCHOOL

A warm engaging environment where children grow

Provision for 2-5 year olds Amazing outdoor space & woodland

Nurturing environment with strong links enabling a positive transition to primary school

Contact us on 01273 812463 office@ringmerprimary.school www.ringmerprimary.school





Mobility advice and solutions you can trust

The widest range of mobility products available in Sussex. Caring, personal service from real experts.

- Electric Scooters
- Powerchairs Adjustable Bedding Manual Wheelchairs
- Bathroom Solutions
- Lift Systems Walking Aids
 - CALL 01273 473838 TO ORDER

OUR NEW 156 PAGE CATALOGUE

Riser / Recliner Chairs





The Old Dairy, Rise Farm Cockshut Road, Lewes East Sussex, BN7 3PR

Call us on: 01273 473838 Email: info@orangebadge.co.uk Visit our website at: www.orangebadge.co.uk



CATERING FOR ALL OCCASIONS

Parties, Finger buffets, Funerals

I will tailor the catering to your needs

Call Christine on 01273400352 Arbenz4000@hotmail.co.uk

COUNTY CARPETS

OF LEWES-

HUGE SELECTION OF QUALITY CARPETS

Kitchen Flooring Rugs & Doormats Natural Flooring

FREE ESTIMATES
plus
Free Fitting on all Floorings

37 CLIFFE HIGH STREET, LEWES

Telephone: 01273 487855 Email: sales@countycarpets.co.uk

RINGMER COMMUNITY CONTACT NUMBERS

Alcoholics Anonymous, Ringmer: AA Helpline 0845 769 7555, meetings

Church Room Tuesday at 12.30pm and Village Hall each Friday at 12.15pm.

Barn Dancing Society: 3rd Wednesday of month at 8 pm in Village Hall.

Contact Julia Morris on 01273 813595 or Maureen on 07946 735674.

Bingo Club: Village Hall, Monday 1.30-3.30 pm. Ros Davis 01273 814578.

Bowls Club: Rinks: Cheyney Green. Sec: Michael Bexton 01273 814046.

Cheyney Croquet Club: Sue Tompsett 01273813810

Cricket Club: Village Green. Secretary: D Bush on 01273 812522.

Dramatic Society: Angela Howard, 01273 813097,

abhringmer@btinternet.com

East Sussex Community Choir: Monday 7.30 to 9pm term time only at Lewes Town Hall. Mary Burke 01273 475885 or email burke.mf@gmail.com

Evergreen Club: 55+ social club, meets most Thursdays at the Village Hall at 2 pm. For details ring Gill or Graham Stapley 01273 812976.

<u>Flower Club:</u> Village Hall at 2 pm, 1st Wednesday in month, Pat Willard., patwilla@icloud.com or 01273 812583

<u>Lewes & District Probus:</u> Geoff Fitch on 07484721582, geoffrey@gmx.com. <u>Lewes Daytime Music:</u> <u>House of Friendship, School Hill:</u> Choirs Mon 2-3pm and Wed 1-2pm. Ukulele beg. Wed 10.30am. Debra Skeen 01273 476469

<u>Lewes Social Group of East Sussex Vision Support</u> meets monthly, every second Monday. Local contact Gill Salisbury 01273 812145.

Library: Village Hall, 07934 046392 or ringmervillagelibrary@gmail.com

Memory Moments Café: (for people with dementia & their family/carers) -

Scout Hut, Thursday 9.30 – 12.30. 01273 494300 or info@knowdementia.co.uk

Mothers' Union: Christine Smith, 01273 814993,

christine.smith@btinternet.com or Shirley Squires 01273 752167.

RADAR Community Speed Watch Group Ray Eggleton 01273 812962.

<u>1st Ringmer Guides:</u> Scout Hut, Wed 7pm <u>fifthlewesbrownies@hotmail.com</u> <u>1st Ringmer Rainbow Guides:</u> Scout Hut, Wed 5pm. Jennie Barnes 01825 769938, <u>fifthlewesbrownies@hotmail.com</u>.

<u>3rd Ringmer Brownies:</u> Village Hall, Tues 5 pm Teresa Sutton 01273 814992, <u>RingmerBrownies@outlook.com</u>

<u>Pilates and Yoga:</u> Village Hall Thursday and Friday respectively. Contact Louise McAllen, 07841 397550 or lousiemcallenfitness@gmail.com

 $\underline{\textbf{Exercise Classes:}} \ \textbf{Village Hall, Fri 9.30-10.30am. Wendy on } 07980\ 307002.$

Ringmer AFC: Ringmer AFC@outlook.com.

Ringmer Baptist Church: Neil Thornicroft 01825 750283.

<u>Ringmer Good Neighbour Scheme:</u> 07340 118758 between 10 and 11 am or 3 and 4 pm or email ringmergoodneighbours@gmail.com

Ringmer History Study Group: John Kay, 01273 813388.

Ringmer Horticultural & Home Produce Club: jon.race@btinternet.com Ringmer Primary & Nursery School: Please contact the school office on 01273 812463 or via email at office@ringmerprimary.school

<u>Ringmer Ramblers:</u> Fortnightly walks on Sunday at 10 am (about 5 miles) and more challenging monthly walks on Saturday mornings. Full programme available. Contact Jim Elsam 01273 812335, <u>jim@hteqa.com</u>

<u>Ringmer Rovers Junior Football Club:</u> Football training for players aged 4-16 at Kings Academy Ringmer. Contact the secretary Catherine Kelly on <u>secretary@ringmerrovers.org.uk</u> for more information.

Ringmer Short Mat Bowls: The Bowls Pavilion, Cheyney Green. Mon 2-4.30 pm, Tues 7-10.15pm, Wed 10 am-12.30 pm. Pat Escott 01273 813295.

<u>Ringmer Stoolball Club</u> - Played on the Village Green from May until September. Juniors on Wednesday & Seniors on Thursday evenings. Contact Stephanie Lambert 01273 812295.

<u>Ringmer Table Tennis Club:</u> We welcome players at all levels for our daytime and evening sessions in the Scout Hut. Please contact our Membership Secretary Jo Miller on 01273 812840 for more details.

<u>Ringmer Tiddlers & Toddlers:</u> Village Hall, Mond and Thurs 9.30 am to 11.30 am. Ring 07930 956464 or email <u>ringmertiddlers@gmail.com</u>

<u>Ringmer Footpath Clearance Group</u>: Marilyn Linehan on 01273 812345 or marilyn@lineham.com

Ringmer U3A: Retired/semi-retired people study a variety of subjects, not for qualifications, but for its own reward. Info Ian Loughborough 01273 813010 or https://u3asites.org.uk/ringmer/home

<u>Ringmer WI:</u> Village Hall, 1^{st} Tues in month, 7.30 pm. Call Secretary Anne Stamper or annestamper@btinternet.com

Royal British Legion - Ringmer Branch: Acting Chairman Mr Lionel Dorian. Enquiries to Secretary Mrs Julie Middleton on 01273 813047. Membership will be notified of the next meeting when necessary.

Scout Group - 1st Ringmer: Scout HQ, The Green. Group Scout Ldr & HQ Bookings: John Saunders 01273 812681. Scout Troop: Tuesday, 7 - 8.30 pm. Leaders John Saunders 812681 Cub Pack: Thursday, 6 - 7.15 pm. Leader Ian Knight 814966 Beavers: Monday 5 - 6 pm. Leader Claire Bouskill, contact beaversinringmer@gmail.com

St John Ambulance-Ringmer Division: Village Hall, Mondays. BADGERS age 5-10, meet 6.30 to 7.45pm. CADETS ages 10-16 meet 6.30-7.45pm and ADULTS meet 8-9.30pm; call Joan 01273 812187.

<u>St Pancras R.C. Church:</u> High Street, Lewes. Sunday:Mass at 9 am Latin Mass: 12.30pm. Parish Priest: Fr Jonathan Martin 01273 473309.

<u>Village Hall Bookings:</u> Administrator: Bren Bonner 01273 813303/ 07739 400408 or email bookings to: <u>ringmervh.bren@btopenworld.com</u>

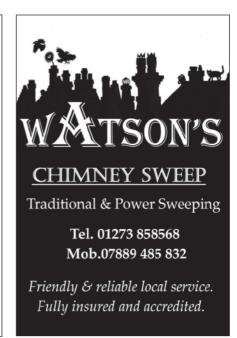
<u>Yoga Class in the Village Hall:</u> Tuesdays 1.30-2.45pm. Contact Sara McGowan on 07947 865876 or email: <u>saramcgowan@yahoo.co.uk</u>

RINGMER GOOD NEIGHBOURS needs VOLUNTEERS



We provide lifts to appointments for villagers who find travel difficult, and also offer befriending.

You can opt to give as little or as much time as you can spare, opting in when convenient. Join our team of existing volunteers to help us with growing demand. Phone 07340 118758 for details of how we operate and how you might help.





A modern co-working space and business centre in Barcombe Dedicated Offices • Private Desks • Hot Desks • Meeting Room • Kitchen

Get in touch for more information and to arrange a visit

hello@spithursthub.co.uk • 01273 762081

Spithurst Hub, Spithurst Road, Barcombe BN8 5EE

FREE trial sessions available

spithursthub.co.uk



01273 814722 07762 901289 Jim & Sheila Tiller and Linda Powles, Dart Vale Laughton Road, Ringmer, BN8 5NH

www.dartvalecattery.co.uk cats@dartvale.net



RINGMER



Dr Ash PatelBDS (London)

- General Family Dentistry
- Cosmetic Dentistry
- Hygienist
- Tooth Whitening
- Adult Invisible Braces
- Dental Implants
- Emergency Appointments
- Payment Plans Available

NEW PATIENT DENTAL HEALTH CHECK

Includes:

Our unique 12-point Dental Assessment
Digital Scan and X-rays
Personalised Treatment Plan

£10 OFF your initial consultation - ONLY £55 (Normally £65)

Please quote: 'RingmerNews'

Ringmer Dental, The Green, Lewes Road, Ringmer, East Sussex BN8 5QE Call 01273 813898 • info@ringmerdental.co.uk • www.ringmerdental.co.uk



