

St. Mary the Virgin, Ringmer

Morning Worship – Celtic Version

(adapted from the Northumbria Community)

+ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen

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You may wish to observe a reflective silence where asterisks occur

**One thing I have asked of the Lord,
This is what I seek:
That I may dwell in the house of the Lord
All the days of my life;
To behold the beauty of the Lord
And to seek Him in His temple.**

Who is it that you seek?

We seek the Lord our God.

Do you seek Him with all your heart?

Amen. Lord have mercy.

Do you seek Him with all your soul?

Amen. Lord, have mercy.

Do you seek Him with all your mind?

Amen, Lord have mercy.

Do you seek Him with all your strength?

Amen. Christ, have mercy.

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The Reading *You may wish to read the Lectionary Scripture through slowly*

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You may wish to read from “Reflections for Daily Prayer” for today

Prayers for Ourselves and Others – *you may wish to include some of the following - the day and its tasks, the world and its needs, the worldwide and local church and her life, individuals*

**Our Father in heaven,
Hallowed be your name,
Your kingdom come,
Your will be done,
On earth as in heaven.
Give us today our daily bread.
Forgive us our sins
As we forgive those who sin against us.
Lead us not into temptation
But deliver us from evil.
For the kingdom, the power, and the glory are yours
Now and for ever. Amen**

You may wish to conclude with this, or another, prayer of blessing and protection

**Christ, as a light illumine and guide me.
Christ, as a shield, overshadow me.
Christ under me: Christ over me;
Christ beside me on my left and my right.
This day be within and without me,
Lowly and meek, yet all-powerful.
Be in the heart of each to whom I speak;
In the mouth of each who speaks unto me.
This day be within and without me,
Lowly and meek, yet all-powerful.
Christ as a light; Christ as a shield;
Christ beside me on my left and my right. Amen.**